



IZGARA  
NORTHWOOD



**COLD STARTERS**

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| <b>Houmous (v)</b> 6.45<br><i>Turkish cuisine comes to mind when you see the mixture of chickpea and tahini</i>                             | <b>Mutabbel (n)</b> 7.95<br><i>Unexpected harmony of roasted egg plant and pistachio will surprise you</i>             | <b>Marinated Mix Olives (v)</b> 5.95<br><i>A selection of green and black olives with mushrooms and roasted peppers marinated in lemon, garlic and olive oil</i>          | <b>Tabbouleh (v)</b> 7.45<br><i>Finely chopped parsley, crushed wheat, pepper, pickled cucumber, spring onion, tomatoes, lemon, cucumber, olive oil, herbs, pomegranate dressing and pomegranate seeds</i> |
| <b>Cacik (v)</b> 6.45<br><i>This fresh Turkish cacik, is a different touch of traditional cacik, with fresh cucumber, garlic and yogurt</i> | <b>Purple Beetroot (v)</b> 6.45<br><i>Finely chopped beetroot with green apple mixed with creamy yogurt and garlic</i> | <b>Beetroot Salad (v)</b> 8.45<br><i>Cubes of cooked beetroot and feta cheese with fresh herbs, pickles, sun dried tomato, spring onion, cherry tomatoes and dressing</i> | <b>Fatoush Salad (v)</b> 8.50<br><i>Cherry tomatoes, sun dried tomato, cucumber, radish, spring onion, olives, rocket, mixed lettuce, parsley, croutons, onion and dressing</i>                            |
| <b>Babaganoush (v)</b> 7.45<br><i>Char- grilled aubergine, yogurt, garlic and tahini, sharpened with lemon</i>                              | <b>Yaprak Sarma (v)</b> 6.45<br><i>Stuffed vine leaves with rice, seasoned with cinnamon, raisins and herbs</i>        | <b>Spicy Ezme Salata (v)</b> 6.45<br><i>Finely chopped tomatoes, onions and parsley and spices with dressing</i>  | <b>Cold Meze Platter (v)</b> 11.45<br><i>Houmous, cacik, purple beetroot, babaganoush, tabbouleh, yaprak sarma</i>   |

\* All served with homemade bread  
\* Spicy options available

**HOT STARTERS**

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| <b>Falafel (v)</b> 7.95<br><i>Chick peas, carrots, green, yellow and red peppers, onions, garlic, coriander, celery, broad beans, lightly fried. Served with houmous</i> | <b>Cigar Borek (v) (e)</b> 7.95<br><i>Cigar shaped filo pastry filled with feta cheese and parsley. Served with sweet chilli</i> | <b>Bosphorus Sausage Grill</b> 8.25<br><i>Grilled sliced of Turkish beef sausage</i>   | <b>Spicy King Prawns</b> 9.45<br><i>Spicy sautéed king prawn in garlic, olives with cherry tomatoes and spring onion cooked in a special tomato sauce</i> |
| <b>Courgette Fritters (v) (e)</b> 7.95<br><i>A wonderful combination of courgette, dill, peppers, carrot, scallions and seasonal herbs. Served with garlic yogurt</i>    | <b>Mushrooms and Halloumi (v)</b> 8.25<br><i>Grilled Cypriot cheese and mushrooms, pan fried with butter and spices</i>          | <b>Halloumi &amp; Bosphorus Sausage Grill</b> 8.25<br><i>Grilled sliced of Turkish beef sausage and halloumi cheese</i>                | <b>Patlican Tava (v)</b> 8.45<br><i>Sliced aubergine cooked with peppers and finished with yogurt and special izgara sauce</i>                            |
| <b>Halloumi Grill (v)</b> 7.45<br><i>Grilled Cypriot cheese and a garnish of tomatoes and rocket</i>   | <b>Chicken Liver</b> 8.45<br><i>Freshly pan fried diced chicken liver. Cooked with onions and peppers</i>                        | <b>Meatballs</b> 8.75<br><i>Minced meat, finely chopped onions, parsley, peppers and bread crumbs cooked in a special Izgara sauce</i> | <b>Hot Meze Platter</b> 11.95<br><i>Falafel, courgette fritters, halloumi, cigar borek, calamari, bosphorus sausage grill</i>                             |

\* All served with homemade bread  
\* Spicy options available

**THE GRILL**

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| <b>Adana Kofte</b> 17.45<br><i>Spicy minced lamb char-grilled on a skewer and served with salad</i>                   | <b>Mixed Shish</b> 18.50<br><i>Selection of lamb and chicken cubes, served with salad</i>                                     | <b>Lamb Chops</b> 21.45<br><i>Seasoned tender lamb chops char-grilled and served with salad</i>                  | <b>Lamb Sarma Beyti</b> 18.95<br><i>Minced lamb seasoned with herbs and garlic char-grilled. Wrapped in bread topped with mozzarella cheese and a special Izgara tomato sauce. Drizzled with melted butter. Served with bulgur rice and yoghurt</i>       |
| <b>Lamb Shish Kebab</b> 19.45<br><i>Marinated cubes of lamb char-grilled on a skewer and served with salad</i>        | <b>Chicken Wings</b> 16.95<br><i>Marinated char-grilled chicken wings served with salad</i>                                   | <b>Mixed Grill</b> 21.95<br><i>A selection of lamb shish, chicken shish and lamb Kofte and served with salad</i> | <b>Chicken Sarma Beyti</b> 18.95<br><i>Minced chicken seasoned with herbs and garlic char-grilled. Wrapped in bread topped with mozzarella cheese and a special Izgara tomato sauce. Drizzled with melted butter. Served with bulgur rice and yoghurt</i> |
| <b>Chicken Shish</b> 17.45<br><i>Marinated cubes of chicken breast char-grilled on a skewer and served with salad</i> | <b>Chicken Leg</b> 16.95<br><i>(Chicken on the bone) Marinated chicken leg char-grilled on a skewer and served with salad</i> |  |   |

\* Spicy options available

**HOUSE SPECIALS**

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| <b>Iskender</b> 18.45<br><i>Choice of, chicken shish, lamb kofte or chicken kofte, place on a bed of bread topped with special izgara tomato sauce, yogurt and drizzled with melted butter served with salad</i> | <b>Chicken Saute</b> 18.95<br><i>Pan fried small cubes of chicken with onions, peppers and cherry tomatoes in a special Izgara sauce. Served with rice</i>   | <b>Ali Nazik</b> 19.45<br><i>Charcoal grilled aubergine puree with yogurt topped with minced lamb and herbs topped with special Izgara sauce and finished with butter. Served with rice</i> | <b>Izgara Steak</b> 24.95<br><i>Marinated fillet of lamb in olive oil with fresh herbs, served with grilled asparagus sautéed potato, mushrooms and cherry tomato. Served with double cream, mustard and mushroom sauce</i> |
| <b>Lamb Saute</b> 18.95<br><i>(Spicy hot option available) Pan fried small cubes of lamb with onions, peppers and cherry tomato in a special Izgara sauce. Served with rice</i>                                  | <b>Chicken Asparagus</b> 18.95<br><i>Small cubes of diced chicken breast cooked in a light creamy mushroom saffron sauce. Topped with asparagus, cherry tomatoes and spinach. Served with rice</i> | <b>Halep</b> 19.45<br><i>Specially prepared chr-grilled spicy minced kebab, with onion and special Izgara sauce and butter sauce. Served with rice</i>                                      | * Spicy options available   |

**VEGETARIAN**

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| <b>Falafel (v)</b> 15.95<br><i>Chick peas, carrots, broad beans peppers, celery, onions, garlic and coriander and lightly fried. Served with salad and houmous</i>           |
| <b>Vegetarian Grill (v)</b> 16.45<br><i>Aubergine, tomatoes, mushrooms, peppers, onions, and courgettes char-grilled on a skewer topped with a dressing served with rice</i> |
| <b>Courgette Fritters (v)</b> 17.45<br><i>Deep fried courgette mixed with feta cheese, pepper, spring onion, dill, carrot, and herbs. Served with rice and yogurt</i>        |
| <b>Imam Bayildi (v)</b> 17.95<br><i>Oven baked aubergine filled with peppers, onions and garlic cooked in a special Izgara tomato sauce. Served with rice</i>                |

**VEGETARIAN**

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| <b>Vegetarian Mousakka (v)</b> 16.95<br><i>Aubergine, peppers, chick peas, garlic, onions, green peas, potatoes, carrots, courgette covered with bechamel sauce and cheddar cheese, served with rice</i> |
| <b>Ciftci Borek (v)</b> 17.95<br><i>Filo pastry filled with feta cheese, spinach and onions topped with cheddar cheese and special Izgara sauce. Served with rice</i>                                    |
| <b>Islim Tava (v)</b> 18.45<br><i>Aubergine filled with peppers, carrots, onions, courgette, brussel sprouts and herbs cooked in a special izgara sauce. Served with rice</i>                            |
| <b>Mushroom Dolma (v)</b> 16.95<br><i>Mushroom filled with mix peppers, spinach, onion, sweetcorn, mozzarella cheese, peas and baked in the oven served with rice</i>                                    |

**FISH**

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| <b>Sea Bass Fillet</b> 19.45<br><i>Char-grilled fillet sea bass. Served with salad</i> |
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**SIDES**

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| <b>Plain Rice (v)</b> basmati rice 4.50  |
| <b>Bulgur Rice (v)</b> 5.45<br><i>Crushed wheat with onions and peppers, cooked with a tomato paste</i>  |
| <b>French Fries</b> 4.50   |
| <b>Sautéed Baby Potatoes</b> 5.95  |
| <b>Grilled Vegetables (v)</b> 8.95<br><i>Char-grilled mushrooms, peppers, onions, courgette and tomatoes, topped with a pomegranate dressing</i> |
| <b>Grilled Onion (v)</b> 7.45<br><i>Tomato, and green peppers, drizzled with a pomegranate sauce</i>   |

**SALADS**

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| <b>Turkish Salad (v)</b> 8.25<br><i>Onions, tomatoes, cucumber and parsley with dressing</i>  |
| <b>Greek Salad (v)</b> 8.95<br><i>Cucumber, tomato, onion, parsley, olive and feta cheese with dressing</i>   |
| <b>Avocado and Halloumi Salad (v)</b> 14.45<br><i>Mixed leaves, halloumi, avocado, cherry tomatoes, sun dried tomato, cucumber, radish, olives and onion, with a dressing</i> |



v = vegetarian | n = nuts | e = egg  
If you have any allergies, a gluten

intolerance or special dietary requirements then please notify your server.

All prices include VAT.

10% optional service charge will be added to your bill.

**Sharing Full Platter**

(For 3 or 4 people)  
Cold Mix Meze:  
Chicken Leg (on the bone),  
Mix Shish,  
Chicken Wings,  
Adana,  
Chicken Beyti  
Lamb Chops  
Served with Rice & Salad

£89.00